



# CHRONUS DRACONUM

## Baronial Missive

Greetings Unto the Barony of SunDragon,

As the new year begins, We pause to give thanks for so many things. We are fortunate to have such a wonderful populace who contribute to the success of the Barony and the Kingdom in so many ways. This month the Barony had the opportunity to host both the Silent Angels Tournaments and Central War practice. There are so many of you who helped ensure the success of both events. Thank you all for your hard work and dedication. As February begins, We can hear the drums of war beat and draw ever closer.

We prepare by for war as One.

One SunDragon.

One Atenveldt.

One Family.

Vivat the Dream!

Gwenfrewz'

Baroness

Simon

Baron

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## WANT AD: A Missive from the Baronial Herald, Lady Sorcha inghen Chon Mhara

As many of you know, I have had the honor of serving as the Baronial Prism Herald since January of 2013. However, I will be stepping down as of May 31. The Baronial Prism herald is the SunDragon warranted herald but that does NOT mean that you have to do BOTH voice and book heraldry.

No prior voice or book heraldry skills are needed since SunDragon is blessed with several voice and book heralds who can help train and mentor you in those activities. In fact, when I was first warranted, I had no voice heraldry skills (and still don't) and the main book heraldry experience I had was from pursuing the requirements of the Rainbow's Gold. Because of the excellent voice heralds in the barony, I have been able to focus on learning book heraldry. And you too will have the option of focusing on one or both aspects of heraldry.

The primary duties of the Prism Herald include: 1) Submitting monthly Office Reports and Court Reports of awards that were given 2) Providing name and device consulting to the populace 3) Assisting with heraldic activities at events and 4) Updating and maintaining the Baronial Order of Precedence. The heralds' office may also have deputies to assist with the various activities of the office and I would like to remain active as a deputy book herald.

A detailed description of the duties can be found at <http://www.atenveldt.com/LinkClick.aspx?fileticket=5UxSKpwSuOE%3d&tabid=83&mid=1401>

If you wish more information about this position please contact Sorcha at [cteguns@cox.net](mailto:cteguns@cox.net).

If you wish to apply for the position please send a letter of intent to all the following: Baroness and Baron [sundragoncoronet@atenveldt.org](mailto:sundragoncoronet@atenveldt.org); Seneschal [sundragonseneschal@atenveldt.org](mailto:sundragonseneschal@atenveldt.org); and Prism Herald – [cteguns@cox.net](mailto:cteguns@cox.net)



BE IT KNOWN, THAT IN JANUARY 2016, ANNO SOCIETAS L, THEIR ROYAL MAJESTIES, CASCA AND MELISSA, DID BESTOW LOVING HONORS UNTO MEMBERS OF THE SUNDRAGON POPULACE.

KANDACE VAN DE LIBEL - BEACON OF THE DESERT  
SEKI TORA - BLACK PHEON  
TOMASO DE FLOREANO - GRANT OF ARMS



The Black Pheon



TRM roaming court with Seki Tora, courtesy of The Virtual Herald <https://www.facebook.com/TheVirtualHerald/timeline>



See pages 11-12 for more open positions in the Barony!!!  
More hands make light work!

## WANT AD: BARONIAL MINISTER OF ARTS AND SCIENCES (2ND POSTING)

Salute aux les popleux de Barony de SunDragon!!

My term of service for the Minister of Arts and Sciences is up in March. I would like to announce that the position is open for letters of intent to be sent to the Baroness and Baron, the Seneschal and myself.

The letters have to be into them by March 31<sup>st</sup> as the warranted position will begin in April.

The services you will be performing for the Barony are scheduling classes, recording the attendance number for the class and sending to the Seneschal before officer's meeting. Conducting monthly A & S Showcases currently called "La Vitress". Being in attendance at most Thursday night weekly meetings. Working with the staff of the Peoria Community Center and the Seneschal for scheduling dates to hold the room in advance. If the room has to be given over to a local meeting being able to move our meeting or class to another room. The job is not hard and the teachers are informative.

I will continue on as Emergency Deputy for a backup.

Cordialement,  
Isabelle Le Charpentier

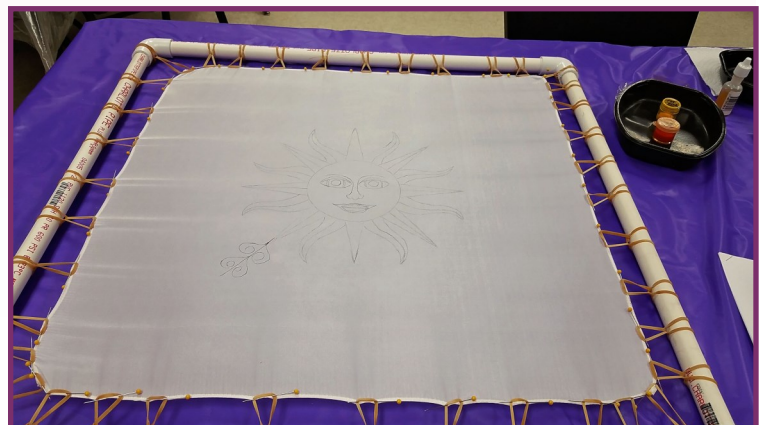
## BANNER MAKING JAN 2016 by M'Lady Gwen Eleri

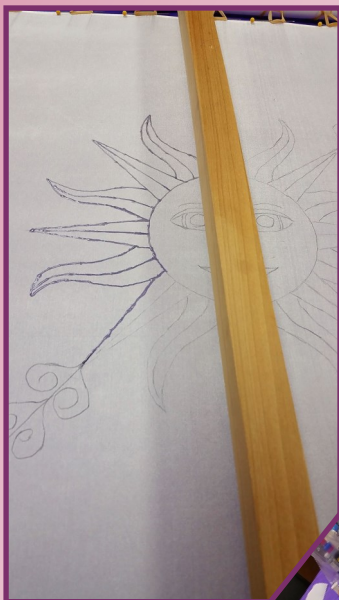
On January 21<sup>st</sup> 2016, I attended the banner making class held by Lady Isabelle Le Charpentier. This was my first experience with banner making and came to class knowing almost nothing. Lady Isabelle provided all the supplies and tools needed to make my, masterpiece. We started by placing the Atenveldt Sun and tracing it lightly onto the silk. Once we had our pattern we traced over our pattern with Guttah making sure there were no breaks in the lines to ensure no bleeding of colors. After we made sure our lines were secure we could begin painting. We painted the background first then moved onto the sun, moving our paintbrushes in circular movements. As soon as we had our blue and white background we used the yellow and orange to do the ray of the sun, then painted the face of the sun yellow. Some of us made our suns eyes blue, some made them red, while I made mine yellow. We finally painted the lips red and we were done with the painting.

*"I very much enjoyed this class ..."*

I am told the next step is to iron the silk in sections for 3 to 5 mins over a paper towel. After entire silk is ironed we put it in the dryer for 20 mins to set then wash with the capful of synthrapol Lady Isabelle gave us. After it is washed, dry it then iron it out and enjoy. I think I may attach some ties to the top border of mine to hang on my tent for all to see. I very much enjoyed this class and look forward to making more banners with the frames I got from Lady Isabelle. Thank you for the opportunity to learn this new skill.

(Continued on page 5)



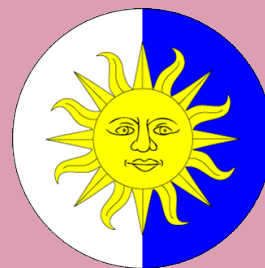


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**Populace Badge** (a badge shows belonging/possession)

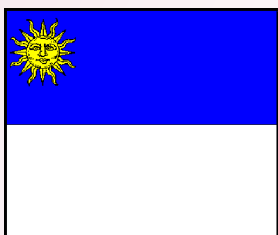
**Blazon:** Per pale, argent and azure, a sun in his splendor Or.



<http://www.conalscorner.com/atenveldt>

**Atenveldt's Ensign** (an ensign is a flag or standard to denote allegiance)

**Blazon:** Per fess azure and argent, in canton a sun Or.



<http://www.goldenstag.net/MiscSCA/KingdomColors.htm#Atenveldt>

# 16th Century German Strawberry Tarts

by Lady Kandace Van de Libel

## History

“In the Middle Ages, there were two types of crusts one to be used a disposable container & one to be eaten. Recipes for very firm crusts are thought to only serve as containers. An example is the "origin of Cornish pasties as miners' food, with the inedible pastry case discarded after being handled by grubby miners' hands." While there are great differences between medieval & modern cooking, the use of more eggs or leavening agents indicate which pastries & dough were intended for eating<sup>1</sup>.”<sup>2</sup>

Period Materials	My Reconstruction
Strawberries	<b>Strawberries</b>
Pastry shells	1 pint of Clean strawberries
Sugar	1/8 - 1/4 cup Sugar
Sweet red wine	1/4 - 1 cup Sweet red wine
	<b>Tart Crust</b> <sup>3</sup>
	3 cups Flour
	1/4 tsp Salt (if not using salted butter)
	1 cup Unsalted butter, at room temperature
	2 Large eggs, lightly beaten



Clockwise from top left: prebaking crust, add strawberries and bake some more, spoon in wine– bake some more, use a fork to push tart out of pan

## Methods

Remove the stem/leaves & quarter the berries. Sprinkle them with sugar to preferred taste. If you like, pour wine over them to soak.

In these Current Middle Ages, the populace is used to consuming whole treats & for this reason; a recipe for a sweetened crust was selected to enhance the food experience. In a smaller bowl, blend your dry ingredients. In a larger bowl, beat the butter until smooth & softened (I generally use salted butter), & then add the sugar & mix until light & fluffy. Slowly add the beaten eggs, mix until incorporated. Then add the dry ingredients all at once and mix until it forms a ball. Divide the dough into two portions; flatten each portion on wax paper into a disks similar in circumference as a dinner plate. (In my judging forms the comment of “thinner crust” has been mentioned. I have yet to try it out.) Cover the dough with plastic wrap, and refrigerate for 15 minutes.

Preheat your oven to 350°F with the rack in center. I do not have tart pans so I use muffin tins. Coat muffin pans with non-stick cooking spray. Remove the dough from the fridge & cut out disks ~3" in diameter & press them into the pans (should go about 3/4 up the sides). Keep in mind that the crust will puff up a bit during cooking. Bake the crust for 5 minutes, next spoon berries (about 4 pieces) into each crust & bake for 10 minutes, then scoop one spoonful of wine (from the berry bowl if you soaked them or fresh) into each tart & bake for 8-10 minutes (until edge of crust is dry & lightly golden brown). Let them cool for 5 minutes. Tarts should remove easily by simply pushing on the edge of the tart with a fork (tines down).<sup>2</sup>

I encourage you to submit your period recipes to the Chronieler for sharing at [KandaceVandeLibel@gmail.com](mailto:KandaceVandeLibel@gmail.com)

## References

- 1) Jehanne de Huguenin. (n.d.). Medieval pastry. Retrieved from <http://www.3owls.org/sca/cook/pastrycase.htm>
- 2) Johson, C. (2015). Culinary Arts Documentation. (*Prepared for SD Champions 2015*)
- 3) JoyofBaking.com (2014). Sweet Pastry Crust Recipe & Video. Retrieved from <http://www.joyofbaking.com/SweetPastryCrust.html>

## Why should I register an SCA name?

by (the one and only registered) Lady Sorcha inghen Chon Mhara

Having an SCA registered name serves many different purposes. It gives you a unique identity that only you may use. That name represents you. Registering that name means that no one else within the entire Known World can use that exact name. Since I have registered **Sorcha inghen Chon Mhara** no one else may register that exact name. There are two other Sorcha's registered in the Kingdom but they both have different surnames (or last names) from me. There is also a **Siobhan inghen Chon Mhara** registered in the East Kingdom. We both share the same surname we have different given (first) names. My SCA name is Gaelic and roughly translates to, "Sorcha who is the daughter of Cú Mhara." The *Cú Mhara* was changed to *Chon Mhara* based on Gaelic grammar rules.

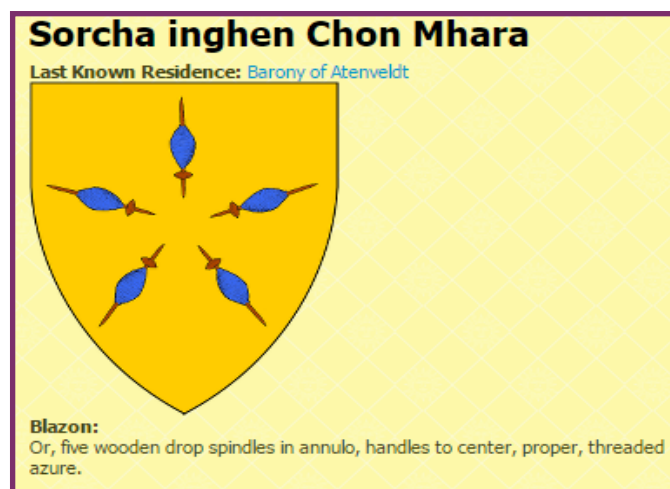
Choosing a period appropriate name for many people is also part of the game. Many feel that if they are going to have persona appropriate clothing, fighting gear, pavilion and feast gear, they should also choose a name from that period. For many people using or hearing someone call them by their mundane name pulls them out of their SCA mindset.

*So how do you choose a name?*

Prior to joining the SCA, I had done Revolutionary War reenactment in Ohio. My persona was a Scots-Irish settler near Fort Pitt, Pennsylvania and there was no formal structure for registering a name so I just used my modern name. When I first got involved in the SCA, I thought I wanted an Irish Persona but over time I have developed a Norse Persona. Sorcha, is not a Norse name and under the SCA rules I have the option to register an additional name but I have decided not to. That doesn't mean a person cannot register a second name or completely release an existing name if they wish. I know of a handful of people in this Kingdom who have registered a second name or released their original name.

Other reasons to register your name is that several Kingdoms, including Atenveldt, require you to have a name and device registered or in submission before you can fight in a Crown Tournament. For many fighters that is a really motivating reason to register their name and device. Additional if you have chosen to embark on the path of the Barony of SunDragons' Rainbows Gold you will need to have your name/ device in submission or registered. More information about Rainbows Gold can be found at <http://sundragon.atenveldt.org/Home/People/Awards>. In the past, some SunDragon Baron and Baronesses have asked that anyone wishing to be on Their Court/Guard or serve as the Champion/Chatelaine have their name and device registered or in submission.

*(continued on page 8)*



<http://www.atenveldt.org/Heraldry/OrderofPrecedence/memid/3147>

(continued from page 7)

By now you may be wondering, *how do you decide on a name and register it?* If you want to research and document your own name you can or you can ask your baronial book herald for help. There will also be a heraldry consulting table at Estrella War if you want help with a name or device. Regardless of whether you have help or not, the first need to decide is, what culture and time period you want your name to be from. As mentioned before, your name and persona do not have to match. There are many good sources for researching SCA names. While Wiki and baby name sites are a place to start, they CANNOT be used as documentation. The SCA has many excellent sources and I would recommend you start at <http://heraldry.sca.org/names.html>. Registration forms for our Kingdom can be found at <http://atensubmissions.nexiliscom.com/forms.shtml> and the submission fee is \$7.00 each for a name or device or badge. It generally takes between 6 and 9 months from when your name is submitted for a decision to be made. Most names pass without problems; and if your name was not registered, The Laurel Sovereign of Arms (Society level Herald) usually tell you why it was returned and offer suggestions on what changes are needed to make the name registerable.

As a general guideline names must be documentable prior to 1650 and from a culture that would have been known to medieval/renaissance Europe. This allows for the registration of Roman, Japanese, and other non-European culture names. Additional rules apply based on the naming patterns of the specific culture and there are too many to list here. Many of the rules can be found at <http://heraldry.sca.org/sena.html>. The rules can be somewhat complex and are often written in Herald's jargon and that is why the book heralds are here to help you.

Again, if you wish you can just contact a book herald and they will help you with the research, documentation and submission of your name. You also have the option of registering a device or a badge and that will be explained in a future article.

<b>Kandace Van de Libel</b>			
Last Known Residence: <a href="#">Barony of Sun Dragon</a>			
	<table><tr><td>Additional Names or Spellings:</td></tr><tr><td>Candice Libel(R)</td></tr></table>	Additional Names or Spellings:	Candice Libel(R)
Additional Names or Spellings:			
Candice Libel(R)			
(R) indicates the name the person has registered with the college of heralds. (P) indicates the person's preferred name/spelling.			
<b>Blazon:</b> Azure, a dragonfly argent within an orle of compass stars Or			

<http://www.atenveldt.org/Heraldry/OrderofPrecedence/memid/4743#results>

**Baronial Populace/Officer/Financial Meeting**

1st Monday of every month (generally)  
7pm at our **temporary location**  
10810 N. 91st Avenue, Peoria, AZ 85345  
**El San Juan Mobile Home Community.**

**Baronial Scriptorium**

**Temporary schedule** 2<sup>nd</sup> & 4<sup>th</sup> Thursdays  
5:30 - 9 pm at the  
Peoria Community Center  
11820 N. 81st Ave., Peoria AZ 85345

**Baronial Arts & Sciences**

**Temporary schedule** 1<sup>st</sup> & 3<sup>rd</sup> Thursdays  
5:30 - 9 pm at the  
Peoria Community Center  
11820 N. 81st Ave., Peoria AZ 85345

**Scale Factory**

2nd & 4th Thursdays 5:30-9pm Contact Captain  
Lann 602-292-0448 or at  
loraleiriney@yahoo.com  
for arrangements  
6335 W. Saguaro Dr.,  
Glendale, AZ 85304

**Thrown Weapons Practice**

Saturdays 7-10pm at  
5221 W Columbine Dr., Glendale, Az 85304 Under 18  
must be accompanied by legal parent or Guardian. Loaner  
gear is available.



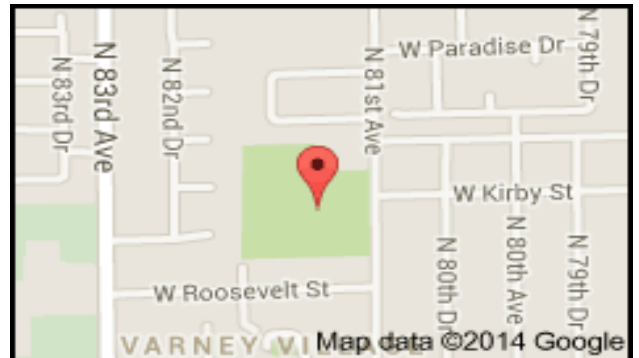
**Archery Practice**

Sundays 9 am at El Oso Park  
3451 N. 75<sup>th</sup> Dr.  
Phoenix AZ 85033



**Armored Combat and Rapier Practices**

Sundays 3 - 6 pm at Varney Park  
11820 N. 81<sup>st</sup> Ave.  
Peoria AZ 85345



# FEBRUARY 2016



## **Date: Event (locations provided on previous page)**

**1st**, Monday: Business Meeting from 7-8:45pm at our temporary location

**4th**, Thursday: Arts & Sciences night from 5:30-9pm; We need help painting rainbows and clouds on 80 baronial favors for the new populace members

**6th-7th**, Saturday-Sunday: Spring Crown Tourney & Warlord Tourney (BTM), Peerage Circle: Chivalry, 6th of February

**11th**, Thursday: Scriptorium (scribal arts) from 5:30-9pm or Scale Factory armor shop from 5:30-9pm

**14th**, Sunday: Happy Valentine's Archery Shoot from 9am-12pm then Fighter Practice complete with Court Night, A&S Showcase: "What you're preparing for War," and Melees! From 3-6pm.

**18th**, Thursday: Arts & Sciences night and Youth Activities from 5:30-9pm

**20th**, Saturday: Thrown Weapons Practice 7-10pm

**21st**, Sunday: Archery from 9am-12pm; Fighter Practice Melees! from 3-6pm.

**23rd-28th**: Estrella War!!!

**MARCH**: 12th Bacchanal (CB), 19-20th Great Helm (BTY), 25-27th Mixed Weapons War (BSD)

This is the February 2016 issue of the Chronus Draconum, a publication of the Barony of SunDragon, a branch of the Society of Creative Anachronism, Inc. (SCA, Inc.). The Barony of SunDragon is located in the Kingdom of Atenveldt. The Chronus Draconum is available through the Baronial website and Facebook Group or by request from the Baronial Chronicler, Candice Johnson at [KandaceVandelibel@gmail.com](mailto:KandaceVandelibel@gmail.com). It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2016 Society of Creative Anachronism, Inc.

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In order to be considered for the next month's issue of Chronus Draconum, Deadline for Submissions is on the 15th of the month before. Submissions may be emailed to the Baronial Chronicler at [KandaceVandelibel@gmail.com](mailto:KandaceVandelibel@gmail.com) in nearly any computer format without fancy fonts or formats. Submissions may also be given to Lady Kandace in person at any Sunday Fighter Practice and/or Court Night although electronic is preferred.

See the Baronial Website at <http://www.sundragon.atenveldt.org> for additional information.

*Baronial Regnum (February 2016)*

Office	Name	E-mail
Baroness	Her Excellency Gwenfrewi of Abergavenny	coronet_sundragon@yahoo.com
Baron	His Excellency Simon Aaron of Windermere	coronet_sundragon@yahoo.com
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Acting Emergency Deputy Seneschal	Lady Iseult inghean ui Threasaigh	fergiseult@cox.net
Exchequer	Lady Emma Makeblise	sjackskeller@gmail.com
<b>Deputy Exchequer</b>	<b>Open</b>	
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Deputy Armored Combat Marshal	Lord Rook Aethelwulf	lrdrooknaz@yahoo.com
Emergency Deputy Armored Combat Marshal	Jacob inn Rammi	?
Rapier Marshal	Master Michael of Worcester	mike_94088@yahoo.com
Deputy Rapier Marshal	Lord Gottfried Von Rothenberg Ob Der Tauber	sgtpenrod@mchsi.com
Emergency Deputy Rapier Marshal	Master Robert the Silent	n/a
Captain of Archers	Lord Aulus Valerius	waynenelson@aol.com
Lieutenant of Archers	m'Lady Ciaran Culquhoun	kattawatta@hotmail.com
Deputy Archery Marshal	Lord Mikel of Perth	mitmike40@yahoo.com
Thrown Weapons Marshal	Lord KaKujo (Morgan)	juantresi71@gmail.com
<b>Deputy Thrown Weapons Marshal</b>	<b>Open</b>	
<b>Emergency Thrown Weapons Marshal</b>	<b>Open</b>	
Youth Marshal	Finnan Fannach	mike_melissa_p@hotmail.com
<b>Deputy Youth Marshal</b>	<b>Open</b>	
Emergency Deputy Youth Marshal	Frederick of Gloucester	?
Minister of the Lists	Her Excellency Iana of Whiteclif	JVLT63@yahoo.com
<b>Deputy Minister of the Lists</b>	<b>Open</b>	
Prism Herald	Lady Sorcha inghen Chon Mhara	jenniferL30@cox.net
Voice Herald	Lady Nastas'ia Volkovicha	Nastashia.Rose@gmail.com

Deputy Book Herald	Lord KaKujo (Morgan)	juantresi71@gmail.com
Deputy Book Herald	Lord Gottfried Von Rothenberg Ob Der Tauber	sgtpenrod@mchsi.com
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Deputy Scribe	Mistress Cecily de la Warde	?
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<b>Deputy Gold Key</b>	<b>Open</b>	
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<b>Deputy Demo Coordinator</b>	<b>Open</b>	
<b>Youth Activities Coordinator</b>	<b>Open</b>	
Deputy Youth Activities Coordinator	Lady Emelyn Frasier	?
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<b>Deputy Sheriff</b>	<b>Open</b>	
Emergency Deputy Sheriff	Lord Fergus MacInnes	fergiseult@cox.net
Waiver Secretary	m'Lady Marie Iustinia	?
<b>Deputy Waiver Secretary</b>	<b>Open</b>	
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<b>Deputy Regalia Officer</b>	<b>Open</b>	
Archivist	Master Raven Mayne	ravenmayne@msn.com