



The Higher Word

Barony of Ered Sul

Anno Societatis LII

February 2018

[Words from the
Coronet](#)

[Calendar](#)

[Event Details](#)

[Non-Fiction
Facts](#)

[Marketplace](#)

[Officers](#)

[Open Positions](#)

[The Lower Word](#)

[Games](#)

[The Fine Print](#)

Words from the Coronet

Greetings Ered Sul,

This past weekend a large group of the populace gathered to make furniture in order to help beautify our Barony. We had a nice turn out and made 3 round puzzle tables, 3 puzzle chairs, and 8 bog chairs in multiple sizes. Thank you all that were able to attend. Special thanks to those of St. Vlad that were there, Josh Spear for letting us use his house, and to everyone that helped teach us to use power tools and woodworking.

The drums of Estrella war are calling Ered Sul to come and help defend this amazing kingdom, be it with fighters and archers on the field or with beautiful arts that we display for A&S. Estrella war will prove to be busy for us all, but don't forget about the Baronial pot-luck on Thursday the 22nd. War is upon us, we cannot wait to see you all there.

To help prepare for War, we will be having A&S class on February 14th so we all can learn what we need to help keep our fighters on the field. At the time this newsletter is published, we will have new heirs to the throne. His Excellency and I will also be heading to Mixed Weapons on March 23-25.

In service of the dream,
Robert and Kolfinna
Baron and Baroness of Ered Sul



Calendar

February 2018

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 	2	3 Crown Tourney
4 Crown Tourney	5	6	7 	8	9	10
11	12	13	14 Valentine's Day A&S Night	15  Populace Court	16	17
18	19 Estrella War Begins	20	21	22 Ered Sul Potluck @ Estrella	23 	24
25 Estrella War Ends	26	27	28			

Events

Crown Tournament - Barony of Atenveldt

Hearken to the voices of our Majesties as they call forth to come hither to witness the splendor and gallantry of Atenveldt's mighty fighters. Low there on the field of battle, our brothers and sisters at arms fighting for their inspirations and their claim to the throne. Honor, Chivalry, and Grace will be seen this day as they fight to become the next heirs to the throne. Who will it be? Come one; come all to the Gem of Atenveldt to witness history in the making as we mark another passing of time with Spring Crown Tournament, Warlord, and Queen's Rapier Championship.

Saturday: Come root for your chosen fighter and consort. Bask in the pomp and circumstance of this heraldic filled fanfare. Be spectator or participant; it is up to you. Fighters and consorts bring your banners, bring your bearers, and show your meld on and off the field. Populous enjoy a weekend with your chosen friends and family. Hospitality in the form of a picnic themed lunch with sandwiches, soup, fruit, veggies and salads on both days. We ask that you bring to share grab and go style desserts or sides such as cookies, pre-sliced brownies, chips, pretzels, cupcakes, etc. A youth combat and rapier field will also be provided both days for your viewing enjoyment.

Sunday: Come witness the determination of our fighters to become the next Warlord or Queen's Rapier Champion. Behold the prowess of our fighters in the multiple fighting styles that they make look easy. Pick a favorite and root for them as they take the field.

For Questions or to volunteer contact the Autocrats: Lady Cyneburga
Thorisdohterweatherwench69@ gmail.com 520-591-6030 and Lady AEsa Knarrabringa-
eekabug00@gmail.com 703-509-8830

Site information: Site opens both days at 0800 and closes at 1700 (5 PM)

Site is discreetly wet (no glass bottles), pets allowed on leashes only, plenty of parking, grass fields and shade trees. A children's playground is nearby. Potable water and restrooms are also close by. Nearby Amenities (within 5 miles of the site): There are over a dozen hotels/motels and numerous food establishments. (Look for more detailed information as we get closer to the event). Davis-Monthan AFB is directly across the street for military members. Nightlife nearby site for Friday/Saturday night is plentiful. Tucson International Airport is 9.1 miles from site. RV information: Lazy Dayz KOA with full hookups is 5.8 miles from site.

Site Fee: \$15 Adult (age 17+) \$5 member discount, Children free (16 & under)

Directions: From the North and West: take I-10 East towards Tucson to exit 265 (Alvernon Way). Use left two lanes to turn left on S Alvernon Way (directions continue below)

BES Arts & Sciences

FEBRUARY A/S (Wed 2/14/18 at the Thorpe Park Adult Center at 6pm) will have Donnúbán MacEógáin showing us how to repair armor and what a basic armor repair kit needs. Please note this is just before Estrella so all you fighters might have need of this.

Estrella War

Lords, Ladies and Gentles all! The kingdoms of Atenveldt and the Outlands bid you while the hours with them for six day of feasting, fighting and frolicking, the likes of which can only be found at the incomparable Estrella War. It is many a year that we have offered themes cherishing our shared dreams, our passions and our frivolity...this year is no different. This year we pay homage to our inspiration through the ages, our queens past and present as well as our other ladies royal, noble, and gentle with a War of the Roses.

We beseech you to think on your first queen and smile, remembering her grace and her strength. Know that her courage shone to fiercely protect and defend her people while encouraging the gentler arts and all the while the epitome of poise and beauty.

Join us to celebrate; there are many surprises in store. Keep an eye out for advertisements and announcements forthcoming with greater frequency as we near the date for this, the 34th Estrella War, February 20 through the 26th, 2018 at Schnepf Farms in Queen Creek, Arizona. Pre-registration is now open! Prices for all are the same as last year. Adult full week is \$75 (\$5 discount for members) Registration details can be found here: <http://estrellawar.org/registration/>

Welcome one and all!

Estrella XXXIV Main Coordinators
Nichelle, Slaine and Martin

Ered Sul Potluck at Estrella

Greetings Ered Sul,

Ered Sul will be having a pot-luck on Thursday February 22 hosted by House Bornholm. What a perfect way to start Estrella war with a nice dinner and hanging out with your fellow Eredsuligans. We hope to see you all there.

When= Thursday, February 22nd.

Where= Hosted by House Bornholm

Time= 5:30 p.m.

Please bring the following dish based on your SCA last name:

A-H = Dessert

I-P = Main dish

Q-Z = Side dish

Non-Fiction Facts

History of Waffles

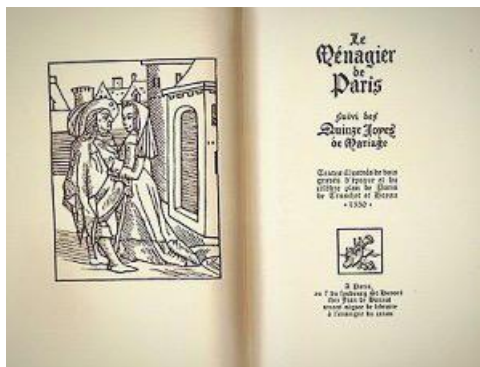
Medieval origins

Waffles are preceded, in the early Middle Ages, around the period of the 9th–10th centuries, with the simultaneous emergence of fer à hosties / hostieijzers (communion wafer irons) and moule à oublies (wafer irons). While the communion wafer irons typically depicted imagery of Jesus and his crucifixion, the moule à oublies featured more trivial Biblical scenes or simple, emblematic designs. The format of the iron itself was almost always round and considerably larger than those used for communion.



The oublie was, in its basic form, composed only of grain flour and water – just as was the communion wafer. It took until the 11th century, as a product of The Crusades bringing new culinary ingredients to Western Europe, for flavorings such as orange blossom water to be added to the oublies; however, locally sourced honey and other flavorings may have already been in use before that time.

Oublies, not formally named as such until ca. 1200, spread throughout northwestern continental Europe, eventually leading to the formation of the oublieurs guild in 1270. These oublieurs/obloyers were responsible for not only producing the oublies but also for a number of other contemporaneous and subsequent pâtisseries légères (light pastries), including the waffles that were soon to arise.



14th–16th centuries

In the late 14th century, the first known waffle recipe was penned in an anonymous manuscript, *Le Ménagier de Paris*, written by a husband as a set of instructions to his young wife. However, this was a waffle / gaufre in name only, as the recipe contained no leavening.

Wikipedia contributors. "Waffle." *Wikipedia, The Free Encyclopedia*. Wikipedia, The Free Encyclopedia, 24 Jan. 2018. Web. 27 Jan. 2018.

Example Recipe:

Waffles are made in four ways. In the first, beat eggs in a bowl, then salt and wine, and add flour, and moisten the one with the other, and then put in two irons little by little, each time using as much batter as a slice of cheese is wide, and clap between two irons, and cook one side and then the other; and if the iron does not easily release the batter, anoint with a little cloth soaked in oil or fat.

The second way is like the first, but add cheese, that is, spread the batter as though making a tart or pie, then put slices of cheese in the middle, and cover the edges (with batter); thus the cheese stays within the batter and thus you put it between two irons.

The third method, is for dropped waffles, called dropped only because the batter is thinner like clear soup, made as above; and throw in with it fine cheese grated; and mix it all together.

The fourth method is with flour mixed with water, salt and wine, without eggs or cheese.

Le Menagier de Paris. 1393. Pichon, Jerome, 1864. Translated by Hinson, Janet.

For a more modern pallet, try this ratio of ingredients:

2 parts flour : 2 parts liquid : 1 part egg : ½ part butter or fat

Marketplace

Looking to sell crafts?

Known a local vendor that provides period-appropriate wares?

Place a free advertisement in *The Higher Word*!

Contact the Chronicler

Officers of Ered Sul

Baron & Baroness HE Robert av Bergen HE Kolfinna av Bergen Coronet @ baronyoferedsul.org	Seneschal Lady Beinn O'Brien seneschal @ baronyoferedsul.org	Exchequer / Reeve Lord Vincent Blackwell Exchequer @ baronyoferedsul.org
Herald THL Ari Anson herald @ baronyoferedsul.org	Deputy Herald Lady Katherine Tapester Sleepcat @ yahoo.com	Hardsuit Marshal Sir Thaddeus the Legless Marshal @ baronyoferedsul.org
Deputy Hardsuit Marshal Lord Thorn Pickjt @ yahoo.com	Rapier Marshal Lady Gianna rapier @ baronyoferedsul.org	Deputy Rapier Marshal Lord Friedrich Swartzen Hut
Archery Marshal Lord Chang Maille archery @ baronyoferedsul.org	Deputy Archery Marshal THL Gil Greywolf	Deputy Archery Marshal Lord Ivar of Elsinore Donfisher @ q.com
Drop Dead Arts & Sciences Minister Lord Christopher Of Peckingham the_Kranken @ hotmail.com	Deputy Arts & Sciences Minister Lord Curlew of Droghela Yermonger @ yahoo.com	Sheriff Lord Caius Anthony Hortensia Sheriff @ baronyoferedsul.org
Gold Key/Chatelaine Lady Iðunn of the Citadel chatelaine @ baronyoferedsul.org	Webmistress / Social Media Officer THL Æsa Öngull web @ baronyoferedsul.org	Chronicler Lord Leolin Blackwell Leofenris @ gmail.com
Regalia Officer Lord Dhonnabhainn Mac Egoín jaycheba @ gmail.com	Historian Master Roger Von Allenstein Allenstein49 @ hotmail.com	Signet Sebastian of Ered Sul march4tay @ sbcglobal.net

Open Positions

Deputy Exchequer



The Deputy Exchequer assists the Exchequer with baronial bookkeeping and running troll at all baronial events. This position requires being a signer on the baronial bank account. Organization and computer skills are required, and basic math or accounting knowledge is helpful. Time commitment: High

Waiver Secretary

The Waiver Secretary manages and oversees the collections of various liability waivers. This position collaborates with the Exchequer(s) and Combat Marshals on maintaining waivers for event consent forms and fighter practice liability, as examples. Time commitment: Low

Equestrian Marshal



Baronial Equestrian Marshal works with kingdom Equestrian Marshals to establish an equestrian presence in Ered Sul. A strong familiarity with equestrian events and a willingness to gain an in depth understanding of Society and local regulations is required. Time commitment: self-determined

Arts & Sciences Minister



The Minister of Arts and Sciences is responsible for fostering the study of period culture and technology. Duties include scheduling and selecting topics for monthly A&S meetings, as well as fostering A&S activities at events. Time commitment: High

List Minister



The List Minister sets up and hosts tournaments throughout the year, organizes the fighters, and keeps track of wins and losses. The list minister must be impartial in all fights. Time commitment: Low (can be high commitment during events)

Deputy Sheriff

Assists Sheriff at baronial events with organizing volunteers with tasks and shifts, performing patrols, provide general help to event attendees, and assist event autocrats as needed. Time commitment: Low (can be high commitment during events)



Deputy Chronicler

Assists with collecting information to include in the baronial newsletter. Takes photos, interviews populace members, and helps maintain release/permissions forms for creative content. Time commitment: Low



Deputy Gold Key

The Deputy Gold Key / Chatelaine welcomes newcomers to the SCA and our barony. This position is best filled by someone who is friendly and passionate about SCA and who can approach curious strangers. Time commitment: Low



Kingdom Want Ads

Kingdom Media Relations Officer

Kingdom Fireball Herald

Emergency Deputy Kingdom Keeper of the Regalia

Kingdom Social Media Officer(s) and Deputy(s)

Kingdom Tournaments Illuminated Liason

Visit <http://www.atenveldt.org/People/OfficerWantAds> for details

The Higher Word

Lower

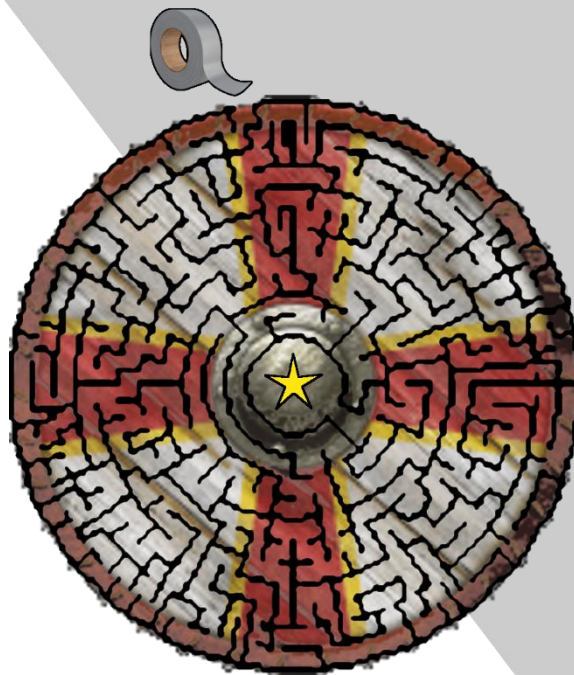
"He's got a big head, lots of head."

-- Skittles --

Games

F Q J H N G M K U O M G D U H
 E E J O N E T Q W O R E C F R
 M O R N I N G S T A R B L B X
 B T L U P A T A C G A V C E A
 A B R L D I L C M R W C K V E
 L Z E E O R E A D O F F E V Q
 P J D E B S E I B G K L U Q B
 U A C T Q U C B R A P I E R A
 B P T L O H C R L M D L O C L
 Y F Q V E D E H X A B R F A L
 I X M D P M M Y E K H E U A I
 E K B T M W Y T Y T M G W E S
 M Q D A C N G H Y L M G V Y T
 B G H D R B S O Z S L A S V A
 G E G Z T A W X Z G M D I H Y

War is coming! Help King Merric prepare by figuring out where he needs to duct tape his shield before charging into combat!



Ballista
 Bardiche
 Catapult
 Dagger
 Halberd
 Hammer
 Melee
 Morning Star
 Rapier
 Trebuchet

Other Ways to Contact Us

Society Website: <http://www.sca.org>

Kingdom Website: <http://www.atenveldt.org>

Barony of Ered Sul Facebook Page: <https://www.facebook.com/SCAEredSul/>

Baron of Ered Sul Facebook Group: <https://www.facebook.com/groups/135613726524285/>

Highlands War Website <https://www.http://highlandswar.org/>

The Fine Print

The Higher Word is a publication of the Barony of Ered Sul of the Society for Creative Anachronism, Inc. The Higher Word is available on the baronial website or print from Chronicler Lord Leolin Blackwell upon request. The Higher Word is not a corporate publication of the Society for Creative Anachronism, Inc. It does not delineate SCA policies. Copyright © 2014 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.