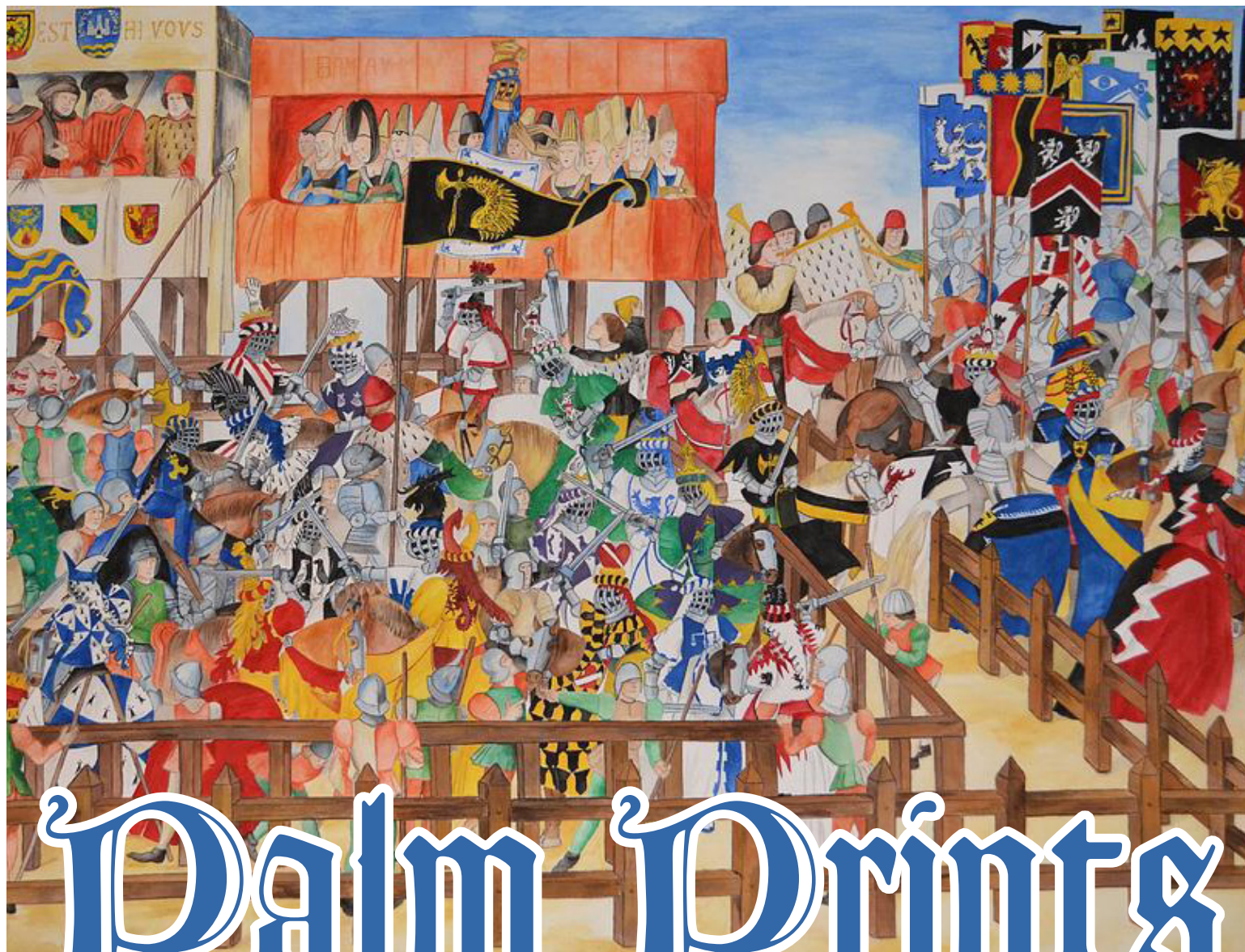




Official Newsletter of the Barony of

Attenveldt



# Palm Prints

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April 2022  
A.S. LVI (56)

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<https://www.atenveldt.org/baronyofatenveldt/category/newsletter-boa/>

## Disclaimer

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# Words From Their Excellencies

## Greetings unto the Populace of the Barony of Atenveldt!

March has certainly been a busy time for the populace of the premier Barony of the known world! We started with a baronial rapier tournament, followed by a St. Patrick's day themed archery shoot! We traveled to the Barony of Tír Ysgíthr's Great Helm event and watched our rapier fighters having fun fighting others from around the Kingdom. Then it was off to the east valley when our fighters and archers participated in the Barony of Twin Moons' Defenders Tournament. And we celebrated with the Kingdom in the investiture of the new Baron and Baroness of the Barony of Twin Moons. Quite a busy month, with more fun coming up in April!

At the March business meeting, we announced that we were sponsoring two scholarships for the populace of the Barony of Atenveldt to attend events outside the Barony with us. That offer still stands! If you would like to be considered, please let us know and we will add you to the list! We can also work out any assistance you might need with registration and/or transportation.

As has been our tradition, we hold our court night on the last Wednesday of the month. We are also having quarterly tournaments on court nights. April will be a hardsuit tournament, May will have a rapier tournament, and June will have an A&S & Bardic tournament.

We look forward to seeing your smiling faces at our weekly fighter practices every Wednesday night at Encanto Park from 7:30pm to 10pm!

Baron Nikolaus von Erlach  
&  
Baroness Valdis Skarpa



Image Credit: Kindra Locati

# Baronial Progress

Although many details for future events are still to be determined, one or both of Their Excellencies will attend at least a portion of these events on the calendar.

Date	Event
April 9-10, 2022	Crown Tourney/Coronation
April 22-24, 2022	Barmaids--BMMT
May 6-8, 2022	Champions in the Pines--BGM
June 2-5, 2022	Highlands War--BES
June 25-26, 2022	Fabric Wars--BSD
June 25-26, 2022	Fabric Wars--BSD

As has been our tradition, we will have our court night on the last Wednesday of the month.

## Retinue

Captain of the Guard - Ritchyrd McUath  
Head Lady in Waiting - Aoife inghean Oisín  
Head Lady in Waiting - Catharin Syl'vestrova  
Steward/Lady in Waiting – Morgaine Rhys ap Gruffydd  
Steward/Mover-of-the-Things – Seelos Massman  
Wardrobe Mistress/Lady in Waiting - Tvoislava Michelovna  
Largesse/Basket Coordinator - Auelyn Spyle Syngere  
Special Projects - Caoilfhionn inghean ui Mhaoil Ruanaidh

If anyone wishes to join Their Excellencies retinue,  
please email [Retinue@baronyofatenveldt.org](mailto:Retinue@baronyofatenveldt.org).

# Meet our Baronial Champions



A&S Champion  
Mistress Caoilfhionn of Mons  
Tonitrus



Archery Champion  
Lady Orianna Aethulwulf



Bardic Champion  
Lady Donwenna Dwn



Armored Combat Champion  
m'lady Thora GylDir



Rapier Champion  
Lord Armand Grandier



Thrown Weapons Champion  
William O'Dubhagain



Youth Archery Champion  
M'lord Hamish the Hunter



Thrown Weapons Champion  
M'lord Hamish the Hunter

# Baronial Officer Want Ads

## Baronial Social Media Officer

The Social Media Officer encourages the enthusiastic but responsible use of social media on a variety of platforms to support the goals of the Society and introduce the Current Middle Ages to new audiences who might be interested in joining us. The Social Media officer works to ensure that all people engaging with, and on behalf of SCA Inc. through social media have a clear and common understanding of expected standards of behavior, and how they will be managed as described in the SCA's Social Media Policy. If you are interested in this position please send a letter of intent to [Seneschal@BaronyofAtenveldt.org](mailto:Seneschal@BaronyofAtenveldt.org) and [Coronet@baronyofatenveldt.org](mailto:Coronet@baronyofatenveldt.org)

## Baronial Web Minister

The Web Minister is responsible for maintaining the baronial website, managing updates, and content changes, and email account management and passwords. The baronial web minister works to ensure that the baronial website remains in compliance with applicable SCA and Kingdom electronic content and policy guidelines. The baronial web minister reports to, and works with, the Kingdom Web Minister. If you are interested in this position please send a letter of intent to [Seneschal@BaronyofAtenveldt.org](mailto:Seneschal@BaronyofAtenveldt.org) and [Coronet@baronyofatenveldt.org](mailto:Coronet@baronyofatenveldt.org)

## Baronial Officers



The Big Red Officer Core is looking for a few volunteers to help run the Barony!

Open officer positions are listed below in **RED**. All offices also need Deputies! Help is always appreciated and gratefully accepted.



If you would like more details about a particular office, please contact the baronial seneschal ([seneschal@baronyofatenveldt.org](mailto:seneschal@baronyofatenveldt.org)), or the principal officer (if there is one).

Officer Position	SCA Name
Baron	Nikolaus von Erlach
Baroness	Valdis Skarpa
Herald	Orianna Aethelwulf
Exchequer	Beartlaoi mac Mathghamhna
Deputy Exchequer	Siraj Farhadzedah
Regalia	Elizabeth the Herbalist

# Baronial Officers

Officer Position	SCA Name
Seneschal	Morgaine Rhys ap Gruffydd
Deputy Seneschal	Kirsten Maria Matz
Minister of Arts & Sciences	Sorcha inghean ui Ghadhra
Chronicler	Susanna Broughton
Scribe / Signet	Ritchyrd McUath
Web Minister	VACANT
Knight Marshal	Baldric der Krieger
Marshal (Rapier)	Ritchyrd McUath
Deputy Marshal (Rapier)	Armand Grandier
Marshal (Target Archery/Thrown Weapons)	Jean Andre Boeye
Marshal (Thrown Weapons)	VACANT
Youth Combat Marshal	VACANT
Youth Coordinator	VACANT
Media Officer	VACANT
Minister of Lists	VACANT
Chatelaine/Gold Key	Donwenna Dwn
Sheriff	Aurora of Atenveldt
Waiver Secretary	Dalla of the Misty Forest
Captain of the Archers	Jean Andre Boeye
Lieutenant of the Archers	Uilliam O'Dubhagain



# Events of the Season

## Atenveldt Crown Tournament & Coronation



When: Saturday April 9th 9 am - 7 pm

Sunday April 10th 10 am - 4 pm

Location: Prospector Park in Apache Junction, in the field at the Northeastern corner of the park. (3015 N Idaho Rd, Apache Junction, AZ)

Archery will take place at Paseo Vista Archery Range (3850 S McQueen Rd, Chandler, AZ 85286)

The time has come for Heirs to be found for the glorious Kingdom of the Sun! With the state of the world being unsure, we need to secure the future of our shared dream in every way we can. Keeping that in mind, this Crown Tournament has

a very special addition. Coronation will occur the same day, the mantle of power being transferred as the sun sets on the tournament field. Sunday will be a day dedicated to finding Champions for our new Crown so their reign may be well attended.

This is a wet site. Pets on leashes are welcome. There is no overnight camping or shade provided, but individual day shades may be staked onsite and left, we will have an overnight watch onsite. There is no block of hotel rooms reserved and people are encouraged to arrange their own local overnight accommodations. Parking is available in the main lot near the field and overflow parking is directly west of the field. The main lot has several ADA accessible spots and ramps. There are playgrounds nearby. Masks are NOT required for this outdoor event.

### Event fees:

Early Registration March 5-April 1

Adult Member \$25; Adult non-member \$30

Youth under 18: free

Late Registration April 2-April 8

Adult Member \$25; Adult non-member \$30

Youth under 18: free

### Event Stewards:

HE Irisko Aranyas (Ashley Meyer)

Lord Tiny of Twin Moons (Keith Cline)

Registration Deputy: [epay@atenveldt.org](mailto:epay@atenveldt.org)



## Barmaids



When: Friday, April 22 at 10 AM to Sunday, April 24th at noon

Where: Las Cienegas National Conservation Area. Empire Ranch, Airstrip Group Site. Located seven miles north of Sonoita, AZ

The Barony March of Mons Tonitrus invites all to come camp, fight, frolic, and revel with us April 22 through 24, 2022 at Barmaids. Saturday will be filled with activities designed to engage and entertain the populace— Bar Brawls for Heavy Fighters and Rapier Fighters, Archery shoots. And for those that want to join in, as the sun sets over the Gateway to Southern Arizona, the Monsters will break out the bar for our world famous Most Bodacious Barmaid Competition.....the cornerstone of this Event!



# Events of the Season

A prominent panel of judges will critique the enthusiastic entrants so don your best barmaid bodice, hone those mug sliding skills, and follow the frivolity to The Tavern for laughter and shenanigans! Magnificent Musicians and brilliant Bards, bring your harps, horns, drums, songs, poems, and stories to fill the night with raucous rhythms for the dynamic Dancers, superlative song, poignant poetry, and spell-binding stories around the fire pit!

Adult Registration Camping: \$25

Youth (5-17) \$15

Children under 5 Free

Day Trip fee: Adult Registration: \$15

Youth (5-17): \$5/day

Children under 5: Free

Member Discount on Fees (-\$5)

Site is discretely wet, no glass please

Pets allowed on a hand-held leash with owners responsible for waste pickup.

Site Information: Above ground fires (depending on fire conditions); dogs allowed on leash, smoking, site is wet; dry RV camping; the nearest hospital is in Sierra Vista; the roads are unpaved.

The main road to the Empire Ranch headquarters is well- maintained and suitable for passenger cars and RV's; there is drinking water available at the Empire Ranch headquarters. Water is not located at camp site, suggest bringing water for the weekend. Please pack out all trash!



## Barony of Atenveldt Hardsuit Tournament



When: Court Night, April 27, 2022

Location: Encanto Soccer Field, to be held in conjunction with fighter practice.

Attention Hardsuit Fighters! It is with great pleasure we announce the Barony of Atenveldt will be hosting a hardsuit tournament at this month's court. The format of the tournament will be a bear pit, but after you have been defeated by your opponent you must use a different weapon when fighting your next round.

If you wish to participate, please bring your preferred weapons, shield, and any other weapons you might consider using. We all hope to see you there!

# Cooking with the Baron

Savory Tart: Heidenische küchen (Heathen cakes), from Ein Buch von gutter spise, c. 1350 hosted online at MedievalCookery.com. Recipe #5 (<http://www.medievalcookery.com/etexts/buch.html>)

Original Recipe: Diz heizzent heidenische kuchen. Man sol nemen einen teye und sol (den) dünne breiten und nim ein gesoten fleisch und spec gehacket und epfele und pfeffer und eyer dar in und backe daz und gives hin und versirtez niht.

Translation from Medieval Cookery: These are called heathen cakes. One should take a dough and should spread it thin and take a boiled meat and chopped fatty bacon and apples and pepper and eggs therein and bake that and give out and do not damage.

As with any medieval recipe, how the cook chooses to interpret the translated recipe varies. The following method is what I have used at SCA feasts in the past. One common theme I have noticed with medieval recipes is a lack of instruction when it comes to “dough” or a “pie crust”. When in doubt, I use the pie crust recipe from the Betty Crocker cookbook. This recipe uses a basic double crust (or double batch)

## Modern Recipe:

### Ingredients:

- ❖ 1 beef roast (whichever cut fits your budget)
- ❖ 1 medium sized yellow onion, peeled and quartered
- ❖ 2 stalks celery, cut into 1 inch pieces
- ❖ 2 carrots, cut into 1 inch pieces
- ❖ Cardamom
- ❖ Rosemary
- ❖ Salt
- ❖ Pepper
- ❖ 5 slices Bacon
- ❖ 1 tart apple (such as a Granny Smith apple) – diced (leave the peel on)
- ❖ Cinnamon
- ❖ 4 eggs
- ❖ 1 double batch pastry dough - (to line a pie tin, and place a lid on top of the pie).

## Step One – The meat.

Take one beef roast (whichever cut fits your budget), and rub all sides with a mixture of the dry spices (approx. 1 tsp each of cardamom, rosemary, salt and pepper). Set aside.

In a slow cooker (crockpot), add the onion, celery, and carrots, and approx. ¼ cup of water. Then place your beef roast on top of the vegetables, and cook slowly for 6 – 8 hours.

Once the beef has cooked, remove the beef from the crockpot and set aside. You can discard the broth and vegetables, or save the broth for a future use.

Once the beef has cooled, use forks (or your hands) to shred the beef.

# Cooking with the Baron

## Step Two – The Apple

First, in a skillet, cook the bacon on low heat. You want to render the fat from the bacon. Once cooked, remove and set aside the cooked bacon, but leave the bacon fat in the skillet.

Next, dice one apple (removing the stem and seeds). You do not need to peel the apple. Put the diced apple into the skillet with the bacon fat and cook on medium high heat until the apples are soft. While cooking the apples, add 1 tablespoon cinnamon to the apples, and incorporate the cinnamon into the apples and bacon fat.

## Step Three – Mixing everything together

Once cooked, pour the apple and cinnamon mixture into a large mixing bowl. Take the bacon you cooked earlier and crumble it up and add it to the mixture. Take approx. 1 and 1/2 cups of shredded beef and add that to the mixture. Using a spoon (or your hands) mix all ingredients together until they are all mixed together.

The mixture should be cooled to room temperature for the next part.

Add 3 raw scrambled eggs to the mixture, and mix everything together.

## Step Four – The Pie

Take the pastry crust and line one pie tin with pastry dough. Then scoop as much of the apple and beef mixture into the pie tin as possible. Roll out the remaining pastry dough into a sheet and put on top of the pie, making sure to cut off any extra pie crust. Use a knife to slice 4 or 5 holes in the top pie crust to allow steam to release.

Take your remaining egg, and whip it with about ¼ cup water, to form an egg wash. Using a basting brush, brush the egg wash on the top of the pie.

## Step Five – Baking

Pre-heat your oven to 400 degrees. Once the oven is hot, place your pie on the middle rack and back for approx. 30 minutes, or until the top of the pie turns a light brown. Remove and cool.

This dish can be served hot or cold.

One variation I have used in the past is to use pre-cooked meat from a store instead of cooking a beef roast. Costco has cooked pork carnitas which work out quite well for this recipe. Costco also has a smoked pulled pork that I have also used in this dish at SCA feasts.





# Fighter Practice



Fighter Practice Encanto Soccer Field is 7:30 -10:00 PM



Fighters: Start arriving early to get armored up, lights will come on at 8, and we will start practice as close to that time as possible.

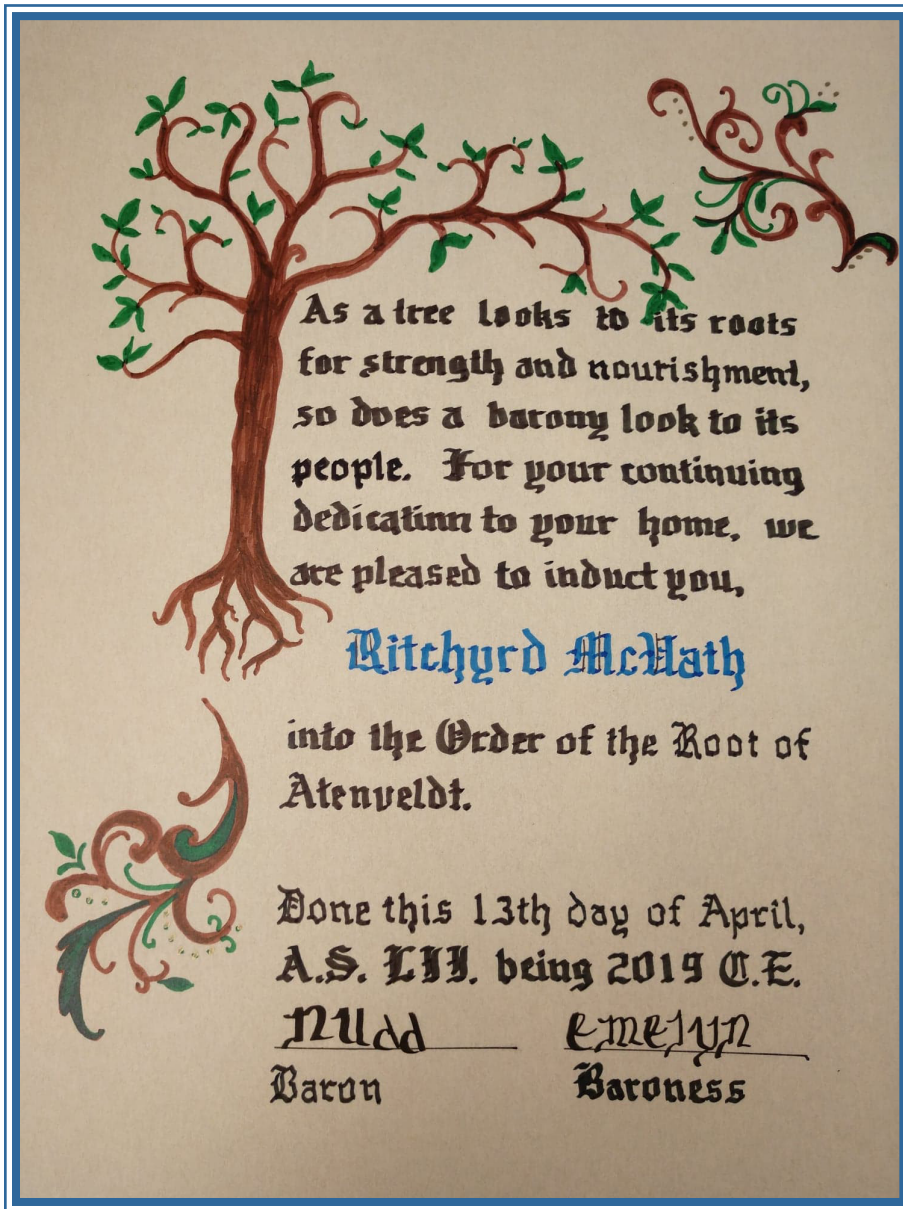


Barony of Atenveldt Populace Meetings are held virtually at 7:30pm on the first Thursday of each month.

Although the SCA complies with all applicable laws to ensure the health and safety of our event participants, we cannot eliminate the risk of exposure to infectious diseases during in-person events. By participating in the in-person events of the SCA, you acknowledge and accept the potential risks. You agree to take any additional steps to protect your own health and safety and those under control as you believe to be necessary.



# Scribal Showcase



This month we are sharing this scroll for the Root of Atenveldt.

Illumination & Calligraphy done by Duchess Lyn of Whitewolf



## Order of the Roots of the Barony of Atenveldt

The Root of Atenveldt is given by the Baron and Baroness, to those persons who have given years and years of out-standing and faithful service, far above that normally expected of Baronial subjects. In as much as they continually serve the Barony and share their talents, they deserve to receive the highest of praise. All recipients of the award must have previously received the rank of Commander in one of the following Orders; the Palm, the Azure Chalice, the Purpure Clarion, the Sable Axe, or the Vert Glove.

To recommend someone for this award go to  
<https://www.atenveldt.org/baronyofatenveldt/award-recommendations/>

# Scriptorium

Come join us for Scribal fun and conversation  
in person or on Zoom.

Every Thursday night from 7 pm to 10 pm.  
Please see the Barony of Atenveldt Book of  
Faces group for where Scriptorium will be held.

For more information, please contact  
the Baronial Signet  
[Scribe@BaronyofAtenveldt.org](mailto:Scribe@BaronyofAtenveldt.org)

